

WELCOME TO

THINK

&

paint

CURATED BY
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FOUNDER OF T&P
EMCEE AND VISUAL ARTIST

Peace Soho Painters!

Tonight will be a gathering for conscious conversation and art creation. With guided prompts to make you think and a blank canvas for you to paint, Think & Paint encourages you to exchange unique and intimate life perspectives, both visually and verbally.

Don't forget to share your painting with us on social media!

Thank you for joining our community!

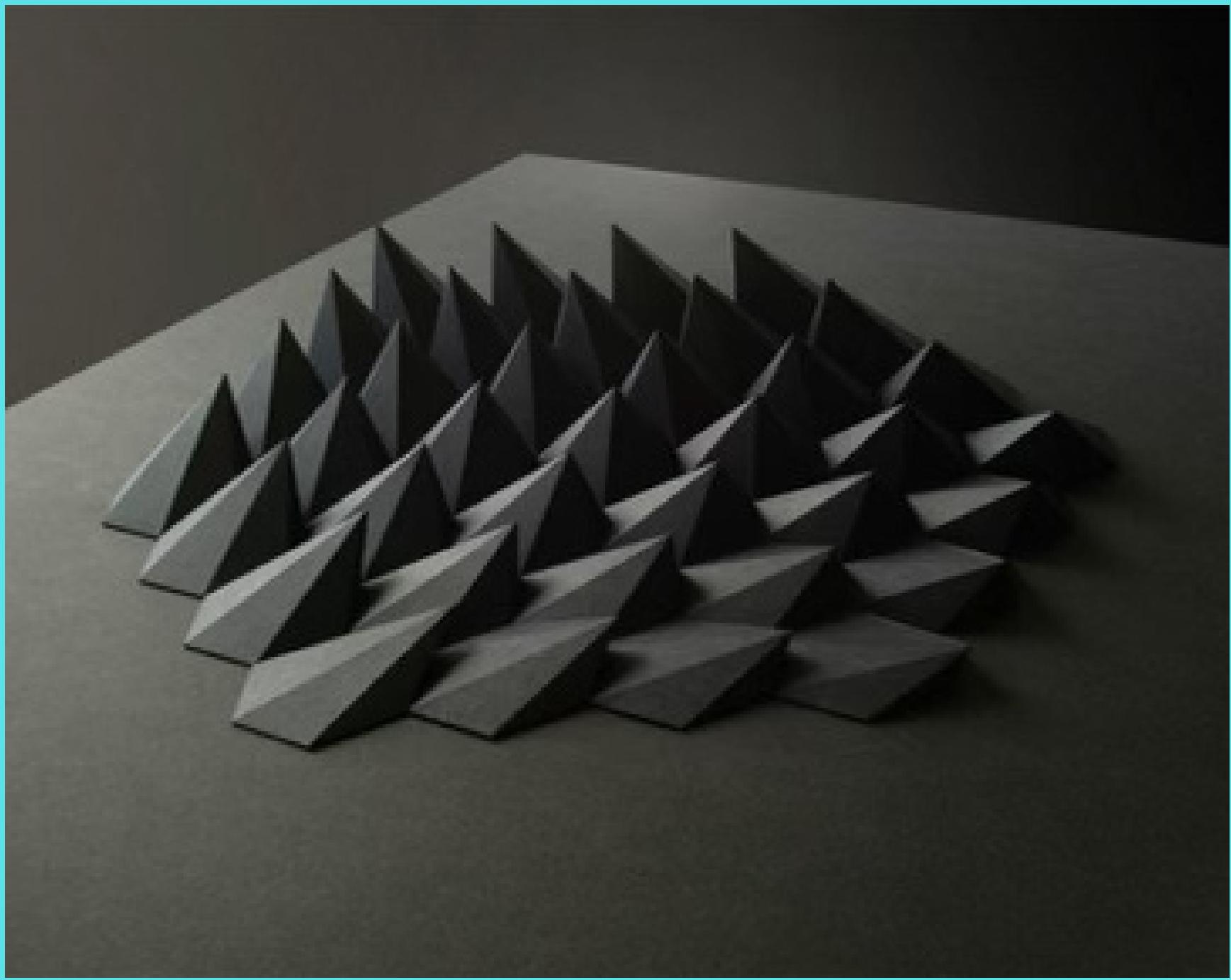
We affirm you will have an enlightening experience.



THE ART PRINCIPLE OF FORM AND IMPROVING YOUR PERSONAL SPACE

We invite you to make yourself comfortable and create a safe space together. After setting up your canvas and paint, please review this packet to get you thinking.

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What is form?

Form is one of the elements of visual art which pertains to the way that a shape or physical configuration occupies space. For a three-dimensional work of art like a sculpture or work of architecture, form is the shape, structure, and arrangement of components like length, width, and depth of a shape.

Examples of Form



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Improving your personal space and existing in others

Why do you think it's difficult for us to be alone at certain points in our lives?

How comfortable do you feel in your personal space at this moment in time?

When you were young, did you spend a lot of time by yourself?

If so, how did you handle it?

What are some healthy ways to keep your mind from racing when you're alone?



When was a time you could remember truly enjoying your own company?

Does it bother you if you aren't personally invited to something?
If so, why?

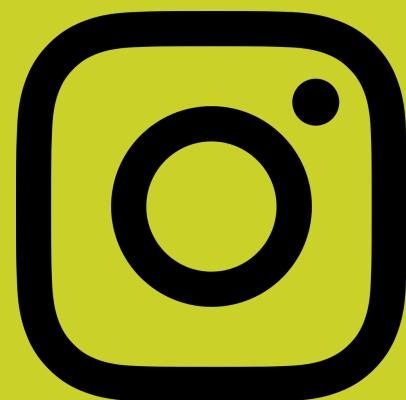
In what ways do you think social media has affected your personal interactions?

How do you stay present when you're in public at events?

What are some things you can do in public to increase your confidence?



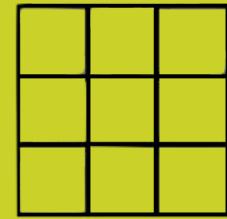
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ARTWORK!**



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